



Celebrating 30 years!

The Lake Fern Montessorian

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Roxanne's Reflections

News for all LFMA families!

◆ The holidays are upon us once again. This is my favorite time of year when it is cooler and you can enjoy the outside activities without the heat taking your breath away. This month we have our annual Thanksgiving feast scheduled for Friday, November 18th beginning at 11:30am. If you are new to the LFMA community this year you are in for a real treat. The school will provide Mr. Jeff's famous deep fried turkey, drinks and paper products. Parents share side dishes such as a salad, veggie tray or a family favorite if you would like. Parents, extended family members and friends are all invited to come celebrate Thanksgiving Lake Fern Montessori style. The meal is served picnic style in the backyard so don't forget to bring a lawn chair or blanket. Come see old friends and meet new ones. It is a lot of fun for all. A sign-up sheet will be available closer to that time for those who would like to share a side dish with us.

Due to rain this year we had to postpone our annual Fall Festival. Even though it was past Halloween everyone had a great time playing games and eating special treats. I want to thank all the parents who helped make this day a success. We certainly could not have done it on our own. Our parents are the greatest! Speaking of parents Lisa Cullen has volunteered to process the Campbell Soup labels for our school has told us we can get double points for the labels we submit by the end of December. Please help us get as many as possible by then. You can ask neighbors, relatives and friends to save them for you too. We can get points for the labels and "buy" supplies for our school with them. We also collect Box Tops For

Mrs. Price's Class News

◆ This month will go by quickly due to three days off (Veteran's day and the Thanksgiving holiday) and a couple of fun celebrations. Our fall festival was postponed to November 4th due to the inclement weather and although my class got a chance to play a few of the games in advance, they really had fun at the festival. The other celebration we are all looking forward to is our Thanksgiving feast on November 18th. I for one can't wait to taste some of Mr. Jeff's famous deep fried turkey!

We will have a lot to accomplish in a short amount of time this month, starting with our preparation for our winter program which occurs on December 9th. The students have already begun learning their music for the program and are doing a great job with it. If you have not already turned in the form indicating which country your child would like to represent, please do so as soon as possible.

Students will begin learning about South America and will have the opportunity to learn about plants, animals, and people of that continent. They will learn about the countries of this area, complete crafts, and taste foods representative of the South American continent. We will also continue our studies with the solar system and physical science.

Many of you have probably heard about the opening of Lego Land. I know many of my students having been talking about it for months and have expressed a desire to go. We recently heard about an amazing offer for a field trip and are considering adding it to our field trip schedule or replacing another field trip with it. A survey will be going home this month to see whether parents are interested in attending Lego Land in lieu of or in

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Roxanne's Reflections (cont.)

Education. I often have said "just bring us your trash". We can mine for labels to get extra supplies for our school.

Pizza Fridays are very popular. Parents get a break from preparing lunch however your child still needs snacks. Please provide two snacks on Fridays, one for the morning and one for the afternoon. We try to have something on hand in case a child does not have anything but sometimes the child does not enjoy what we have to offer.

Now that the cooler weather is upon us we will be working on completing our playground renovations. We still have the obstacle course to build. If you would like to participate, watch for announcements.

School will be closed Friday, November 11th to observe Veterans Day. We also will be closed on Thursday November 24th and Friday November 25th for Thanksgiving. We hope you and your family have a safe and happy holiday.

Ralph Waldo Emerson: An Influential Friend

Ralph Waldo Emerson trained as a minister. He gave many lectures and published many essays and poems that passionately presented his ideas on life. Emerson's style is unmistakable. Using many proverbs and sayings gleaned from the past gave his work a certain style and rhythm. Even if his readers or listeners did not understand every point he made, they came away with quotable nuggets of wisdom. He counted among his friends several great writers and thinkers of his day including Nathaniel Hawthorne, Henry David Thoreau, Louisa May Alcott and her father, Bronson, Oliver Wendell Holmes and William Lloyd Garrison. The quotations below all come from Emerson's essay on friendship. Perhaps his conversations with these friends helped inspire the memorable words listed below.

- *A friend is a person with whom I may be sincere. Before him I may think aloud.*
- *The only way to have a friend is to be one.*
- *A friend may well be reckoned the masterpiece of nature.*

Mrs. Price's Class News (Cont.)

addition to the Sea World field trip. Please complete it soon so that we can make arrangements to go.

Finally, conferences will occur during the week of November 14th to the 18th. Report cards will be given out at that time. Times will be posted in the foyer, so please sign up for a time that is convenient.

Pre-Primary Class News

Miss Jennifer and Miss Jessica

◆ Happy November! This month we will continue studying South America and reptiles. We will be focusing on the letters "H" and "F". Please continue reviewing letters, sounds, and identifying numbers. We have now reviewed the letters "A", "B", "C", "M", and "T".

Thank you to our parents that participated in parent conferences! We enjoyed meeting with you.

This month will be quite busy, so please look at the calendar in the foyer to stay informed. Friday, November 11th we will be closed for Veteran's Day. Pizza will be served the Thursday before. Friday, November 18th at 11:30 AM will be our Thanksgiving Feast. Please join us for a delicious meal. A sign-up sheet will be put up in the foyer. We will be closed for the Thanksgiving Holiday on Thursday, November 24th and Friday, November 25th. Many new books have been added to the Scholastic catalogs! Books make great gifts especially for the upcoming holiday season! Have a wonderful November!



Everyone enjoys an LFMA feast!

Mrs. Manley's Class News

◆ Here comes the holiday season! I hope everyone is looking forward to these next couple of busy months like I am. This part of the year is always fun for us. Our class has started preparing for our annual Christmas program. We have picked out beautiful music and we look forward to sharing it with you in December.

On Friday, November 4th, my class presented their Thanksgiving papers to the class. It was fabulous seeing all the work they have completed over the past four and one half weeks. The students have been working on our book, In the Year of the Boar and Jackie Robinson. It has been a challenging book for all of them but we are all enjoying it very much. The kids are doing very well in all of their subjects. I would like to see them working a little more diligently in studying for their tests and for the tests that are open book or open note. I think it is important to stress to them, take their time looking up the answers in open book and open-note tests. Math is going very smoothly, and I must say how impressed I am at the level of work they are putting into each individual assignment. Remember to be working with you children in the evenings and weekends on their multiplication tables.

Please mark your calendars for these important dates. Friday, November 11, we will be closed celebrating Veterans Day. Our annual LFMA Thanksgiving feast will be on Friday, November 18th. We ask that you bring a side dish or a dessert to share. We will be closed Thursday, November 24th, and Friday November 25th for the Thanksgiving Holiday.

As a separate reminder, this month, November 14th-18th will be my mandatory parent conferences. The week before these conferences I will have my schedule hanging in the foyer. Please be sure to sign up for a conference time. If one of the times does not work for you, please come and speak to me and we will come up with a more convenient time to meet. These meetings are mandatory and at the meeting you will receive your child's report card along with their progress one-third into the school year. I look forward to seeing you all frequently this month with all of the special dates coming up. Have a wonderful November!

Mr. Price's Class News

◆ In science, we will be concluding our unit on life and the environment and, beginning in December, starting a series on the human body. I think students have enjoyed our tour through the various ecosystems of the Earth and I am sure they'll really like the study of the human body. I have some three dimensional human body programs that are really cool.

In history, we will be progressing from the age of industrialization into the roaring twenties. We will learn about the great triumph of American growth during this time as well as the continuing difficulties ex-slaves had in trying to integrate into this ever evolving nation.

We have recently come across a really good deal on Legoland tickets. We will be sending out a survey as to whether parents and students would rather: A. Go to Legoland instead of the end of the year Sea World Trip or B. Go to Legoland in addition to the Sea World trip. Keep an eye out for that survey.

I enjoyed meeting with each of you during our conferences and appreciate your continued support of our programs.

Remember, there will be three days off in November (Veteran's day and the Thanksgiving holiday) and we will be holding our Thanksgiving feast on November 18th. Please come, you are cordially invited!

CALENDAR OF EVENTS

- VETERANS DAY, SCHOOL CLOSED

-FRIDAY, NOVEMBER 11TH

- CONFERENCES WITH MRS. PRICE

- NOVEMBER 14TH – 18TH

- CONFERENCES WITH MRS. MANLEY

- NOVEMBER 14TH – 18TH

- LFMA ANNUAL FEAST

- FRIDAY, NOVEMBER 18TH BEGINNING AT !!:30

- THANKSGIVING HOLIDAY, SCHOOL CLOSED

- THURSDAY, NOVEMBER 24TH AND FRIDAY NOVEMBER 25TH

School health: The ABCs of staying healthy at school

Do you know why school kids get sick so often? The best ways to prevent illness in the classroom?

By Mayo Clinic staff

Does it seem as if your child is sick all the time? In the early school years, your child's immune system is put to the test. After all, young children in large groups are breeding grounds for the organisms that cause illness. Here's why infectious illness is so common — and what your child can do to stay healthy in the classroom.

How infections spread

Many childhood illnesses are caused by viruses. All it takes is a single child to bring a virus to school for the spread to begin. Consider this common scenario — a child who has a cold coughs or sneezes in the classroom. The children sitting nearby inhale the infected respiratory droplets and the cold spreads. Illness-causing germs might spread from anything the sick child touches to other children who touch the same object and then put their fingers in their mouths.

Why hand washing counts

Frequent hand washing is the simplest — and most effective — way to prevent illness, both at home and at school. Remind your child to wash his or her hands before eating and after using the toilet, blowing his or her nose, or playing outside. Suggest soaping up for as long as it takes to sing the ABCs, the "Row, Row, Row Your Boat" song or the "Happy Birthday" song.

Other school health tips

Common sense can go a long way toward preventing illness in the classroom. In addition to frequent hand washing, teach your child other school health basics:

- **Cover your mouth and nose when you cough or sneeze.** Give your child a package of tissues to keep in his or her desk. Encourage your child to cough or sneeze into a tissue — then put the tissue in the trash, and wash his or her hands or use hand sanitizer. If it isn't possible to reach a tissue in time, remind your child to cough or sneeze into the crook of his or her elbow.
- **Keep your hands away from your eyes and out of your mouth.** Remind your child that hands are often covered in germs.
- **Don't share water bottles, food or other personal items.** Offer your child this simple rule — if you put the item in your mouth, keep it to yourself. The same goes for hats and other headgear. If your child shares pencils, markers or other classroom supplies, stress the importance of keeping them out of his or her mouth.
- **Avoid anyone who's sick.** Remind your child that sitting next to or playing with someone who's sick could lead to his or her own illness.

Of course, it's also important for your child to eat a healthy diet, get plenty of sleep and stay current on his or her immunizations — including a yearly flu vaccine. To prevent spreading illness at home, use the same tips for the entire family.